

Berks County
Integrated Student Assistance Program (SAP) Assessment:
Core Content Areas

A. Identifying Data

- Student Name
- Date of Assessment
- Date of Birth/ Age
- Grade Level
- Parent Name
- Primary Reason for Evaluation
- Gender
- Race
- School Name
- Date of Parent Consent
- SAP Assessor Name

B. Family/Community/Social History

- Personal Support System
- Structure of System
- Role in System
- History Substance Abuse
- Major Life Events
(Trauma, Loss, Abuse)
- Description of Self
(Spiritual, Social)
- History Mental Health Issues
- History Physical Abuse
- Relationships of Attachment/
Stress/ Conflict
- Identified Peer Group
- Socialization with Peers
- Relationships

C. Educational/ Vocational History

- Current Academic State/Level
- Perceived Academic Strengths
- Perceived Academic Issues
- Current/Past Employment
- Opinion of School Environment
- Future Plans/Goals

D. Sexuality

- Current Activity Status
- Consensual or Coerced/Role
- Significant Relationships
- Use of Substances During Acts
- History of Pregnancy/ Outcome
- Applicable Treatment History

E. Behavioral Issues

- Eating Problems
- Hypersexuality/ Sex Offenses
- Obsessive Compulsive
- Predilection for Risk Taking
- Legal History
- Skills/Accomplishments
- Schizophrenia
- Escapism/ Running Away
- Somatization
 - Changes in appetite
 - Marked lethargy or insomnia

E. Behavioral Issues, Continued

- Skills/Accomplishments
- Hobbies/Enjoyable Activities

F. Mental Health

- Suicidal Ideations/Attempts
- Physical Aggression/Violence
 - Homicidal Ideations
- Property Damage
 - Fire Setting
- Injurious Behaviors
 - Self
 - Others
 - Animals
- Depression/Mood Disorders
 - Post Traumatic Stress
 - Hyperactivity
 - Dysthymia
 - Anxiety/Panic
 - Bipolar
- Personality Disorders
 - Hallucination/Delusion
 - Paranoia
 - Dependency

G. Drug and Alcohol

- History of Use
 - Categorical Overview
 - Age of First Use
 - Frequency of Use
 - Date of Last Use
 - Related Socialization
- Bingeing
- Overdose
- Drug of Choice
 - Primary
 - Secondary
 - Tertiary
- Monetary Support of Habit
- Student Perception of Use
- Consequences of Behaviors
 - Legal
 - Familial
 - Scholastic
 - Social

H. Summary/Recommendations

- Clinician notation